

No Time Like The Present

2010 Lenten Retreat

for Working People in SE Denver

Offered by the Center for Spirituality at Work

Opening: February 23 Ending: March 23



This year's retreat entitled "*No Time Like the Present*" explores the opportunities for spiritual growth in the ordinary experiences of commuting, attending meetings, accomplishing tasks at work and at home, juggling responsibilities and interacting with others. The retreat is addressed specifically to the needs of working people and it takes place in the context of everyday life. With the assistance of an individual spiritual director, you will grow in your ability to "step back" and focus on the reality of God's active presence and invitation throughout your day.

Your four-week retreat will begin and end with a communal prayer experience during the lunch hour or at the end of the work day. You will receive a daily meditation booklet, "*No Time Like the Present*," which unites daily scripture readings with workplace reflections. You will meet once a week for three weeks with a trained spiritual director who is experienced in the ministry of companioning others on their spiritual journey.

Opening and Closing Services & Spiritual Direction sessions will be held at:

- Offices of the Center for Spirituality at Work, 1385 S. Colorado Blvd, Bldg A, Suite 300
opening and closing services during the noon lunch hour and at 5:45 p.m.
February 23 & March 23.

If you are interested in participating in this year's retreat, you are asked to complete and return the Retreat Commitment Form to the Center for Spirituality at Work no later than Feb. 12. This form will be used to help pair you with an experienced spiritual director. A *requested donation* of \$85 will help the Center cover the expenses of providing this retreat. You will receive a packet of preparation materials and the name of your spiritual director during the week of February 15, 2010. If you have questions regarding the retreat, please contact Vie Thorgren or David Bell: 303-383-1610 or info@cfsaw.org.



For more information call 303-383-1610 or visit

www.cfsaw.org

Office location: 1385 S. Colorado Blvd, Building A, Suite 300

Mailing Address: P.O. Box 102168, Denver, CO 80250-2168