



Work Blessing

INHALE: “My work today...

EXHALE: “May it serve a greater good.”

I come to work today, and this is what I offer:
Me. Here. In this place.

May my efforts be used for a higher cause, a greater good.
I believe that I am called to be in this place for now.
If this place is not good for me or for the world,
 may I be given the insight to move on from this work.
Still, today and as long as I am here, may this be a place of
transformation.

May I learn the lessons here that I am to learn.

May I convey hope and healing to those

 I encounter today in person, on the phone or via email.

If there is chaos or a problem here today, may I listen deeply,
 beyond the din of that noise and then act wisely.

May I keep my ego in check.

May I be generous and compassionate.

INHALE: “My work today...

EXHALE: “May it serve a greater good.”

Thank you for your work!

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